



## BRAIN INJURY FACTS

Did you know that brain injury is the leading killer and disabler of people under the age of 45? Brain injury taxes our provincial economy by one billion dollars each year. In Canada, it amounts to three billion dollars each year.

Brain injury survivors are frequently the least able to convey the nature of their problems and therefore the least likely to identify required resources.

In Windsor and Essex County there are a reported 2,400 acquired brain injury cases each year.

## Providers of Acquired Brain Injury Services in Windsor Essex County

**Ontario Brain Injury Association**  
 (Information and Education)  
 Telephone: 1-800-263-5404  
 Website: [www.obia.on.ca](http://www.obia.on.ca)

**Brain Injury Association of Windsor Essex**  
 (Information and Education)  
 Telephone: 519-733-4900  
 Website: *coming soon*

**Hotel-Dieu Grace Hospital**  
 (Emergency and In-Patient Services)  
 Telephone: 519-973-4444  
 Website: [www.hdgh.org](http://www.hdgh.org)

**Windsor Regional Hospital**  
 (Acquired Brain Injury Consultation Team)  
 Telephone: 519-257-5458  
 (Regional Rehabilitation In-Patient Unit)  
 Telephone: 519-257-5192  
 Website: [www.wrh.on.ca](http://www.wrh.on.ca)

**Parkwood Hospital**  
 (Brain Injury Outreach Program)  
 Telephone: 1-519-685-4064  
 Website: [www.sjhc.london.on.ca](http://www.sjhc.london.on.ca)

**Association for Persons with Physical Disabilities (APPD)**  
 (Chrysalis Day Club, In-Home and Supportive Housing, Attendant Care)  
 Telephone: 519-969-8188 (APPD)  
 Telephone: 519-250-6573 (Chrysalis Day Club)

**Windsor Essex Community Care Access Centre**  
 (In-Home Health and Personal Support Services)  
 Telephone: 519-258-8211  
 Website: [www.ccac-ont.ca](http://www.ccac-ont.ca)



**BRAIN INJURY**  
 ASSOCIATION OF WINDSOR/ESSEX COUNTY

*Step Ahead!*

201 - 200 West Grand Blvd.  
 Windsor, Ontario N9E 3W7  
**519-733-4900**



## OUR MISSION

To enhance the lives of residents of Windsor and Essex County affected by acquired brain injury through education, awareness and support.

# Did you know that brain injury is the leading killer and disabler of people under the age of 45?

## HOW WE CAN HELP?

- SURVIVOR SUPPORT GROUPS
- CAREGIVER SUPPORT GROUPS
- INFORMATION/PHONE SUPPORT
- SOCIAL PROGRAMS
- EDUCATIONAL SEMINARS
- COMMUNITY NETWORK
- ADVOCACY
- REFERRALS



## APPLICATION FOR MEMBERSHIP

SURVIVOR membership	FREE
CAREGIVER membership	FREE
PROFESSIONAL membership	\$50

## DONATIONS

All charitable donations are welcome and appreciated. Receipts will be issued. Please make cheques payable to:

### Brain Injury Association of Windsor and Essex County

Please send payment to the address listed on the front of this brochure. Please fill out the form below and send it with payment.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Postal: \_\_\_\_\_ Phone: \_\_\_\_\_

Fax: \_\_\_\_\_ Email: \_\_\_\_\_

Membership: \$ \_\_\_\_\_

Donation: \$ \_\_\_\_\_

Advertising: \$ \_\_\_\_\_

Please check the category that best applies to you:

- Survivor                       Caregiver/Family  
 Professional                 Business

## WHAT IS A BRAIN INJURY?

**EMOTIONAL** An injury to the brain may cause an individual to be sensitive toward stress. As a result, they may exhibit mood swings, anger, outbursts, lack of ambition and a change in personality.

**COGNITIVE** Victims of brain injuries will often become disoriented. Distractions and continuous memory loss may inhibit their abilities to learn. Concentration will be an effort and the individual will have difficulty with coping strategies. Communication may also be affected.

**PHYSICAL** People with brain injuries may be diagnosed with muscle weakness, paralysis, and seizures. The damage to the brain may cause deficiencies in hearing, smelling, tasting and sleep. Fatigue plagues most victims, as does a sensitivity to drugs and alcohol.

## PEER SUPPORT NETWORK

This province wide program connects an individual who is a “veteran” of a life experience involving Acquired Brain Injury (the “Mentor”) with someone who is coping with a similar ABI-related situation and is in need of support from a knowledgeable friend (the “Partner”). Both Mentors and Partners can be survivors, unpaid caregivers or family members.

Please contact Tammy Filiault for more information.

**T: 519-733-4900**



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