

# BRAIN INJURY ASSOCIATION OF WINDSOR ESSEX COUNTY

201 – 200 West Grand Blvd., Windsor, Ontario N9E 3W7 \* Telephone: 519-733-4900

# Step Ahead!

Spring 2008

## 3<sup>RD</sup> ANNUAL "TASTE OF THE CARIBBEAN" GALA

**SATURDAY, MARCH 29, 2008**

Hilton Great Lakes Room  
277 Riverside Drive West, Windsor

Caribbean Buffet  
Live Band: E. Man, The Afropan Steel  
DJ and Dancing  
No Speeches \* No Raffles \* No Silent Auctions  
Partial Charitable Receipt Available

Casual/Caribbean Attire Encouraged  
Cocktails at 6:00 p.m. \* Cash Bar  
Dinner Begins at 7:00 p.m.  
Tickets \$100.00 each

**To Purchase Tickets Please Call:**

**519-259-1819**

## Inside this Issue

Annual Gala	1
Sponsorship Acknowledgments	2
Board of Directors	2
Survivor & Family Education	3
MindWorks Presentation	4
News	5
Future Events and Projects	6
Kathy's Story: Overcoming the Overwhelming	7
<i>(Reprinted with permission from Hotel-Dieu Grace Hospital)</i>	

## Taste of the Caribbean – 2007 Gala Sponsors

PETER BOYER	PLATINUM
DUCHARME FOX LLP	PLATINUM
CHANDISHERRY	GOLD
MANAGED NETWORK SYSTEMS	GOLD
RAPHAEL PARTNERS LLP	GOLD
GOLDSTEIN DEBIASE MANZOCCO LLP	SILVER
HEART OF CITY HOSPITAL FOUNDATION	SILVER
LEON PAROIAN	SILVER

**Many thanks to our generous sponsors!**

## Become a Sponsor for the Annual Gala

### ***Platinum***

- Recognition in the Program
- Recognition in Advertising
- Recognition in Newsletter
- 10 Seats

### ***Gold***

- Recognition in the Program
- Recognition in Advertising
- Recognition in Newsletter
- Five (5) Seats

### ***Silver***

- Recognition in the Program
- two (2) Seats

To become a sponsor for the future Taste of the Caribbean Galas, please call 519-259-1819.

Please note that a print copy of your company logo will be required.

## Board of Directors

Nancy Nicholson, President

Carol Franklyn, Vice-President

Lois Caldwell

Renee Cantarutti

Joseph Farah

Elsie Galbraith

Melanie Gardin

Tom Gates

Cheryl Henshaw

Claudia McArthur

Carmela Pakula

Kathy Worotny

## Acquired Brain Injury 2008 Survivor and Family Education Series

This eight-week series explores topics of interest to Southwestern Ontario residents recovering from an acquired brain injury, their families, friends and caregivers. The goals of the series are to share information, provide opportunities to meet other individuals and family members affected by brain injury, and to encourage peer support.

Parkwood Hospital, part of St. Joseph's Health Care London, is hosting this series.

It will be broadcast by videoconference to local hospitals so people can view the series and interact with speakers without having to travel to London.

Currently the courses are offered locally at: Windsor Regional Hospital and Hotel-Dieu Grace Hospital, 5<sup>th</sup> Floor, Conference Room 6.

*The goals of this series are to share information, provide opportunities to meet other individuals and family members affected by brain injury, and to encourage peer support.*

### Survivor and Family Education Series

Should you have questions regarding the Survivor and Family Education Series, or would like to reserve a seat, please contact **Wendy Dorau** at **519-685-4064** or toll-free at 1-866-484-0445.



### SERIES RUNS TUESDAY EVENINGS FROM 6:30 – 8:30

- |                 |  |
|-----------------|--|
| <b>March 18</b> | <b>Brain and Behaviour Relationships</b><br><i>Speaker: Dr. Margaret Weiser, Psychologist</i>  |
| <b>March 25</b> | <b>Pain, Headache and Fatigue</b><br><i>Speakers: Dr. Harpreet Sangha &amp; Dr. Steve Macaluso</i>   |
| <b>April 1</b>  | <b>Thinking about Thinking: Attention, Memory and ABI</b><br><br><i>Speakers: Lana Rossi, Clinical Consultant &amp; Kelly Williston-Wardell OT</i> |
| <b>April 8</b>  | <b>Practical Strategies</b><br><i>Speakers: Kathleen Murphy OT and Mireille Testa OT</i>   |
| <b>April 15</b> | <b>Vision Rehabilitation</b><br><i>Speakers: Dr. C. Letheren, Optometrist and Joanne Andrews, OT</i>   |
| <b>April 22</b> | <b>Addictions and ABI</b><br><i>Speaker: Cathy Irwin RSW, Addiction Services of Thames Valley</i>  |
| <b>April 29</b> | <b>Legal Issues and ABI</b><br><i>Speaker: Dr. Brian Murphy, M.D., L.L.B.</i>  |
| <b>May 6</b>    | <b>Parenting and ABI</b><br><i>Speaker: Kevin McGregor</i>   |

**MindWorks presents**  
**EVALUATION AND TREATMENT OF VISUAL PERCEPTUAL  
DYSFUNCTION IN ADULT BRAIN INJURY (PART 1)**

Speaker: Mary Warren MS, OTR/L, SCLV, FAOTA

Date: **September 5 & 6, 2008**

Location: Holiday Inn Waterfront, Peterborough, Ontario

Mary Warren, MS, OTR/L, SCLV, FAOTA is Associate Professor of Occupational Therapy and Director of the Graduate Certificate in Low Vision Rehabilitation at the University of Alabama at Birmingham (UAB).

This intensive workshop provides therapists with a clear understanding of how to effectively evaluate and treat visual perceptual dysfunction in adult patients following stroke and head trauma. The course addresses: visual neglect and inattention, oculomotor dysfunction, visual field deficits, reduced visual acuity, and disorders of complex visual processing. Participants are taught how to identify deficiencies in functional performance, which are caused by visual perceptual impairment and design practical short-term treatment interventions, which increase independence in daily living activities. The course emphasizes a functional and practical approach to evaluation, treatment and documentation of visual perceptual dysfunction.

**Target Audience:**

Although the course is specifically designed for therapists who work with adults with acute brain injury, the evaluation and treatment principals are applicable to pediatric and cerebral palsy populations. The course is taught from the Occupational Therapy perspective but the information provided is applicable to Physiotherapy and Speech Language Pathology.

**Course Fee:**

\$399.99 + \$19.95 GST = \$418.95 (includes handouts, lunches)  
Cheque to be made payable to *MindWorks*

For more information and to register, please visit:

[www.mindworksgroup.ca](http://www.mindworksgroup.ca)

[info@mindworksgroup.ca](mailto:info@mindworksgroup.ca)

## NEWS AND EVENTS

### **March 2007** - A Taste of the Caribbean

The second annual *Taste of the Caribbean* was a great success with just over \$8,000.00 being raised. A special thank you to Dr. Carol Franklyn and her team for organizing this annual event.

**June 1, 2007** – Candlelight Vigil at Jackson Park to kick off Brain Injury Awareness Month.

**September 27, 2007** – Annual General Membership Meeting and Picnic at Memorial Park.

### **November 11-12, 2007** – Ontario Brain Injury Association Conference

Nancy Nicholson, Lois Caldwell and Kathy Labbe-Worotny attended this event on behalf of the Brain Injury Association of Windsor Essex County. Many new ideas were brought back to the local association.

### **November 24, 2007** – Ontario Brain Injury Association Advisory Council Meeting

Kathy Labbe-Worotny attended the meeting and reported back to the Board of Directors.

**2007** – The Peer Mentorship Program was introduced province-wide.

Tammy Filiault is our local volunteer Peer Mentorship Coordinator and has attended training at the provincial level. Mentors are matched with survivors, caregivers and family members to provide support.

### **January 2008** – Dr. Liem's Initiatives

The Brain Injury Association of Windsor Essex is supporting Dr. Liem in her efforts to create a cohesive chronic disabilities rehabilitation scheme for Windsor-Essex County. Elsie Galbraith, Carmela Pakula and Melanie Gardin have all volunteered to sit on various committees.

**March 2008** – The new brochures for the Brain Injury Association of Windsor-Essex have been printed and are currently being distributed.

## **DONATIONS**

Throughout the year, the Brain Injury Association of Windsor Essex accepts donations from members of the public and organizations, which it uses for projects throughout the year.

Funds were donated by CAW Local 200 to purchase 11 medic alert bracelets for several Chrysalis day club members when it was identified that many members could not afford them.

Funds were donated to a Survivor's walk.

A laptop computer and projector were purchased.

The Brain Injury Association of Windsor Essex donated funds for the Chrysalis Day Club members for "movie night" and dinner.

**BRAIN INJURY  
ASSOCIATION OF  
WINDSOR-ESSEX  
COUNTY**

**201-200 West Grand  
Windsor, Ontario  
N9E 3W7**

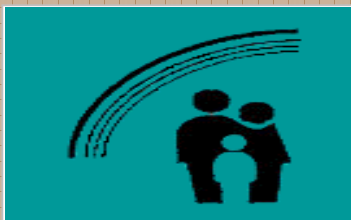
**Telephone:  
519-733-4900**

**Website:  
[www.biawe.com](http://www.biawe.com)  
(Coming in June)**

**MISSION  
STATEMENT**

To enhance the lives of residents of Windsor and Essex County affected by acquired brain injury through education, awareness and support.

*In association with the  
Ontario Brain Injury  
Association ("OBIA")*



**FUTURE EVENTS AND PROJECTS**

**March 29, 2008** – Taste of the Caribbean Gala  
Plans are underway to make this event a huge success. Tickets may be purchased by calling 519-259-1819.

**March, April, May 2008** – Acquired Brain Injury 2008 Survivor and Family Education Series is being held at Windsor Regional Hospital and Hotel Dieu Grace Hospital (5<sup>th</sup> floor, Conference Room 6).

**May 26 – June 1, 2008** – Bicycle Helmet Survey Compliance Week

**June 1, 2008** – Candlelight Vigil – Kick off to Brain Injury Awareness Month

**June 2008** – Launch of the Brain Injury Association of Windsor Essex's Website ([www.biawe.com](http://www.biawe.com))

**June 2008** – Brain Injury Awareness Month

**June 21, 2008** – First Annual Spa and Getaway Day is being planned.

**Fall 2008** – Sponsorship of Brain Injury survivors to attend "Camp Dawn" which is a survivor's camp held in the fall of each year.

**2008**

The Brain Injury Association of Windsor Essex is interested in hosting the "Brain Injury Basics Course" once there are enough interested participants. This is a two day training program designed for front line staff, personal support workers and attendants. The cost of the course is approximately \$200.00 per participant. If you are interested in taking this course, please contact Nancy Nicholson at 519-733-4900.

**DISCLAIMER:**

We invite submissions to this publication from survivors, family members, and those associated with this organization. In doing so, the views and opinions expressed within this newsletter do not necessarily reflect those of the Board of Directors.

Should you wish to submit an article or have any comments or suggestions for the newsletter, please contact Nancy Nicholson at 519-733-4900.

The Brain Injury Association of Windsor Essex publishes Newsletters on a seasonal basis.