YOUTH SUPPORT GROUP
15-29 Years

Young people with an acquired brain injury including concussions meet to discuss their experiences, share ideas and provide emotional support to one another with the help of a facilitator. The biggest benefit of attending this support group is to realize you are not alone - that there are others who have the same issues. Everything that takes place within this support group stays confidential.

FREE! No referral required. Light snacks provided.

2nd Tuesday of each month 6 to 7:30 p.m.

Location Varies so call ahead.

Brain Injury Association
of Windsor & Essex County

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