

**Inside  
this Issue**

3	Speaker Series
5	Golf Tournament
7	New People at BIAWE
9	Helmet Saved Her Head
13	T-Shirt Contest

# Step Ahead

## Butterfly Lane Alley Mural Project—Walkerville Neighbourhood



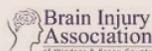
# Ribbon Cutting for the Butterfly Lane Mural Project



## Butterfly Lane Mural Project

The ribbon cutting ceremony for Butterfly Lane was held on October 2 in the alley between the 1100 blocks of Devonshire and Argyle Roads (bordered by Richmond and Ontario). Several hundred people joined in the festivities. The ribbon was cut by City Councillor Chris Holt and BIAWE Board Chair Joanne King. MP Irek Kusmierczyk, MPP Percy Hatfield and City Councillor Jim Morrison also attended.

Over sixteen local artists painted mural on the fences and garage doors of participating homeowners. There is more to come in the spring—with plantings of butterfly attracting flowers.



# LIFESTYLE APPROACHES

FOR



# BETTER BRAINS

AND

# BODIES

TO ENHANCE CLINICAL PRACTICES FOR  
HEALTHCARE PROFESSIONALS  
Weekly Series- Noon – 1:00pm

Register <https://app.simplyk.io/en/ticketing/4d720300-6537-498f-9246-f72e7219d127>

October 22, 2021

Keynote session with Dr. Matthew Galati

**FREE!**

- Dr. Matthew Galati, MD, Enhanced Skills Training, Clinical Environmental Health, Family Physician, East GTA Family Health Team, Hospitalist, Runnymede Health Care Centre, Founder & President, Brain Changes Initiative
- In 2013, Dr. Matthew Galati, a Windsor Schulich School of Medicine student at the time, suffered a severe Traumatic Brain Injury (TBI) in a motor vehicle accident. Refusing to accept ill fate, he researched how best to heal and created his own recovery protocol based on revolutionary new science around a brain supporting lifestyle. Against all odds, he recovered fully to complete his medical training and has come full circle as a physician. After finishing his residency training in Family Medicine in 2018, Dr Galati completed a fellowship in Environmental Medicine which has a strong focus on Functional/Integrative Medicine. As of 2019, Dr Galati has his own Family Medicine practice with the East GTA Family Health Team and he is also a Hospitalist at rehabilitation hospital, Runnymede Healthcare. In addition to working as a physician, in 2019, Dr Galati founded the not for profit organization, Brain Changes Initiative (BCI). The mission of BCI is to improve the standard of care for Traumatic Brain Injury rehabilitation through research, education, awareness and programs around a lifestyle approach to healing the brain.



September 17, 2021	Physical Exercise: Kyle Whaley, PT Reg. (Ont.)	Moderator: Rob Cusinato PT Reg. (Ont.)
September 24, 2021	Cognitive Exercise: Heather Condello, OT Reg. (Ont.)	Moderator: Renee Cantarutti, MSc SLP
October 1, 2021	Nutrition: Dr. Mary Sco, MD, PhD	Moderator: Alexandra King, BAsc, Nutritionist
October 8, 2021	Sleep: Dr. Celeste Thirlwell, MD, FRCPC	Moderator: Arden McGregor, MA, CPsych
October 15, 2021	Mindfulness: Dr. Diana Velikonja, C.Psych., MScCP	Moderator: Dr. Anne McLachlan, PhD Psychology
October 22, 2021	Dr. Matthew Galati, MD (Brain Injury Survivor)	Moderator: Dr. Nathania Liem, MD, MSc, FRCPC

To learn more, please contact [info@biawe.com](mailto:info@biawe.com) or 519-981-1329

PRESENTING SPONSOR



SUPPORTERS



If you missed the presentations you can view them by going to our website at [www.biawe.com](http://www.biawe.com)

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**SAVE THE DATE!**



# **DUELLING PIANOS**

At the Windsor Yacht Club  
Saturday, February 5, 2022 at 6:00  
More info to follow.....

## **Pediatric Caregiver Support Program**

This program fills a gap in the community as parents/caregivers of these children currently do not have any support for caring for their children who have an acquired brain injury. The needs of parents/caregivers are different if they are caring for children—school, play, and friends. Not only is there a grieving process after an injury, there are changes in the family and in relationships. These relationships provide us with a sense of well-being and security and contribute to the child's self-identity. Preserving and maintaining these relationships are key to future development. Parents/caregivers can speak freely and share information in an atmosphere of trust and understanding. These sessions are facilitated by a social worker and are being held on zoom.

Next Session: **If you're interested, contact Danielle at [goals@biawe.com](mailto:goals@biawe.com).**

## **Toldo Foundation Donation of \$45,000**

The Toldo Foundation has generously donated \$45,000 to the Brain Injury Association to support its mission of enhancing the lives of those affected by an acquired brain injury, by funding the continuation of the successful Brain Connect and BIAWE React programs.

The purpose of the Brain Connect program is to provide technological assistance to those with an acquired brain injury (ABI) and their caregivers (ages 19 and up). This allows them to connect to online support groups to combat social isolation, receive emotional support from peers, receive education about ABI, and access apps to assist with activities of daily living. This peer support fills the gap after acute care and rehabilitation to life-long recovery, when they are adjusting to their new identity.

Clients will be supported in maintaining and accessing income, filing taxes, completing applications and communicating with essential agencies and services. The low barrier intake process is essential in making clients feel comfortable and put at ease by the quickly responding service. During wellness calls it was discovered that some clients felt cut-off due to the pandemic and this service reassured them when they felt other areas of support were unavailable to them.

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## 10th Annual Golf Tournament a Success

The day was warm and the golfers were eager to play. This 10th Annual Golf Tournament was different than what was held in the past. There was no shot-gun start—everyone had tee times. There was no dinner; rather players had their meal before they started to play and everything was outdoors, including the raffle table. Winners of the tournament were listed on our website rather than at the dinner.

However, golfers were enthusiastic about getting out and playing in the beautiful sunshine. Kingsville Golf and County Club and BIAWE's 20 volunteers made sure the golfers enjoyed themselves.

Thanks goes to the golf committee of Ian MacIsaac, Tim Catherwood, Joanne King, Claudia Town, Alex Carson, and Anna Jurak for organizing another successful tournament and to the volunteers.

### Congratulations to the Winners



#### WOMEN'S WINNING TEAM (68)

Mary Lou Henderson  
Sandy Hernandez  
Kelly Allen  
Susan Demers

#### MEN'S WINNING TEAM (54)

Nick White  
Adrian Bisson  
Mike Fowler  
James Bering



#### MIXED PLAYERS WINNING TEAM (62)

Shirley Jacuzzi  
Tony Jacuzzi  
Barbara Nielsen  
Paul Nielsen



#### CLOSEST TO THE LINE

#9 GOLD John Howard  
#6 RED Rosie Middleton

#### CLOSEST TO THE PIN

#7 RED Michael Fowler  
#9 RED Nick White  
#5 GOLD Michael Fowler  
#8 GOLD Cory Cronin  
#9 WHITE Jenn Clifford

## More Golf Pictures....



Rachel, Rachel and Betty



Debbie, Morgan and Paul



Amy, Kelly and Anna



Kathy and Eunice



Diane and Theresa



The outdoor raffle table

## THANKS TO OUR GOLF SPONSORS

 **PPSA**Canada

  
**EYECAREFIRST**  
Binocular Vision & Vision Therapy Services

 **E3 WORKS**  
EMPLOY | EMPOWER | EVOLVE

  
**CANARX**  
Simple. Safe. Smart.



# DMA Reability

## Health Management Solutions

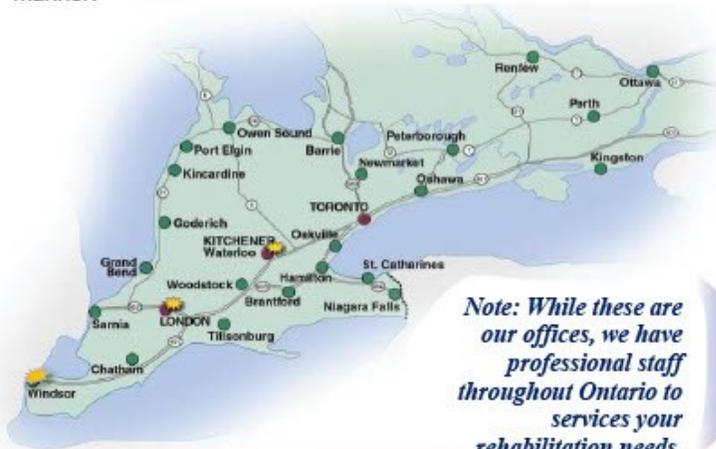
### EXPERIENCE, KNOWLEDGE & LEADERSHIP

DMA Reability is a Community based Medical and Vocational Rehabilitation company that has been providing professional services for more than 25 years, throughout the province of Ontario.

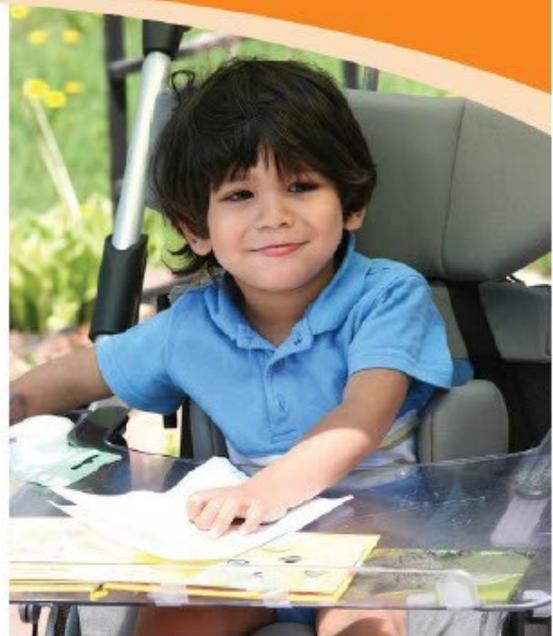
Our professionals have extensive knowledge and experience with both adult and paediatric clients. Our diverse team of professionals is designed to support the needs of individuals, families and care givers, who have sustained an injury as a result of a motor vehicle collision, slip and fall and/or serious illness.

Our client centered, hands on approach, and expertise allows you to select DMA Reability with confidence when your file requires: Occupational Therapists, Physiotherapists, Kinesiologists, Speech Language Pathologists, Nurse Case Managers, Vocational Placement Specialists, Social Workers, Rehabilitation Therapists and/or Behavioural Therapists.

DMA Reability's commitment is to work with your client to ensure that all aspects of the individual's rehabilitation care needs, current and future, are addressed in a timely, cost effective and efficient manner.



*Note: While these are our offices, we have professional staff throughout Ontario to services your rehabilitation needs.*



**London – Corporate Head Office**  
1151 Florence Street, Suite 300  
London, Ontario N5W 2M7

Phone: 519-452-0046  
Toll Free Phone: 1-866-309-0046  
Fax: 519-452-1413  
Toll Free Fax: 1-866-899-7460  
Email: [info@dmarehab.com](mailto:info@dmarehab.com)

**Intake Department (Referrals)**  
Phone: 519-452-0046, extension 226  
Toll Free: 1-866-309-0046, extension 226  
Toll Free Fax: 1-866-899-7460  
Email: [intake@dmarehab.com](mailto:intake@dmarehab.com)

**Windsor – Branch Office**  
1682 Howard Avenue  
Windsor, Ontario N8X 3T7

Phone: 519-974-7399  
Toll Free Phone: 1-866-802-5518  
Fax: 519-974-1838  
Toll Free Fax: 1-866-899-7460  
Email: [info@dmarehab.com](mailto:info@dmarehab.com)

**Kitchener – Branch Office**  
1601 River Road West, Suite 302  
Kitchener, Ontario N2A 3Y4  
Toll Free Phone: 1-866-309-0046  
Toll Free Fax: 1-866-899-7460  
Email: [info@dmarehab.com](mailto:info@dmarehab.com)

Visit our Website for further information:  
[www.dmarehability.com](http://www.dmarehability.com)

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## New People at BIAWE...

BIAWE is growing its programs and services to better enhance the lives of those affected by an acquired brain injury, to provide the public education about the brain and brain injury and provide education to healthcare professionals.



### **Claudia Town—Board Member**

I am a Masters student at the University of Windsor pursuing my degree in Human Kinetics. I have a Bachelors degree of Human Kinetics – Movement Science and my research interest focuses on head impacts in youth sports. I hope to continue my academics and pursue a PhD in the same field. I am eager to combine my academic interests with my devotion for giving back to the community and look forward to seeing what can be accomplished during the upcoming years.

### **Tom Coke—Fundraiser**

Tom relocated to Windsor back in late 2018 after spending 7 years in Eastern Ontario. His background is in Municipal Government and a two year stint as Executive Director of Epilepsy Southeastern Ontario. Tom has a wealth of experience in Fundraising management, sponsorship development, strategic planning and brings a positive attitude in everything he does.



My name is **Kelly Stack**, **Client Services Coordinator** and I am excited to be part of the BIAWE team. I have worked and volunteered over 20 years in community and community support. In my spare time I am a mom to 3 boys and enjoy attending their hockey games and other activities that keep me on the go. I volunteer with the Essex Rotary and Victim Services as well. My work experience has allowed me to be active in my community and to interact with numerous agencies throughout the Windsor-Essex area. I also have a background in Fundraising and enjoy all aspects of supporting and organizing events that focus on giving back to organizations and agencies like the BIAWE.

My name is **Amy Pucovsky**, and I am a mother of two young boys. I am a 4<sup>th</sup> year nursing student with the University of Windsor. I have had the opportunity to have my placement with BIAWE. It has been wonderful getting to know the staff, individuals, and volunteers that are a part of the association. Thus, far I have generated ideas for the BIAWE website, along with leading a survey that is in the process of being created with many others on the BIAWE team. As well, I have volunteered at the Kingsville charity event, assisting with signing-in charity golfers, and distributed snacks and refreshments. It has been a great experience, and I look forward to getting to know more about you!



Hi, my name is **Jennifer Holland** and I have been in placement with the BIAWE over the past five months. This is my first role back in the professional world after I sustained a brain injury several years ago. I have worked with all age groups in different settings and hope that my experience brings new perspective and ideas to the BIAWE. As a Canadore College Recreation Therapy graduate, I am excited to see new growth happening within the organization and I am grateful to be part of the team. It has been a joy participating in both the survivor and staff meetings. Everyone has been so welcoming and has made what could have been a difficult transition very easy. Thank you to all of you.

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## Peer Support and Mentoring Program

**Partner** - You will have the opportunity to learn from someone “who has been there” and can offer you guidance and support based on their own personal experience living with ABI.

Support is provided to you via the telephone or internet, based on your preference so you can participate in the comfort and privacy of your home.

**Mentor** - You have the opportunity to help others by sharing your experience by providing support and information to your partner who has a similar lived experience.

You will have comprehensive training in your community to match with a Partner.

This is a free program available to any person with an acquired brain injury (ABI) and to a caregiver (family or friend) of a person with an ABI.

To register, call 519-981-1329 for a short intake to match you up with someone who has your shared experience.



## Coffee Chat

This weekly social is for survivors. It's a good way to keep in touch with friends and acquaintances you've made attending support groups. It helps in reducing the social isolation during this Covid-19 pandemic and keeps you up-to-date as to what's going on at BIAWE. Talk with old friends and make new friends. It's unstructured and you can talk about whatever you want. Each week is different.

**Wednesday at 11:00 each week through zoom.**

Call for an invitation if you are not on the email list. 519-981-1329 or email [info@biawe.com](mailto:info@biawe.com)



## Helmets for Kids

Claudia Town, our newest board member has overseen the distribution of helmets to community organizations. Due to Covid, distribution was done differently this year.

Each organization had the measurements of each child's head to get the exact size. Rather than doing a physical fitting as done in prior years, each child was given a helmet and pamphlets and games regarding the proper wearing of a helmet, along with bike safety tips. We gave out fewer helmets this year as a result of this year's way of doing things but we'll be back next year with more.



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## Our Support Team

**Executive Director** - Anna Jurak - info@biawe.com, 519-981-1329

**You Are Not Alone Facilitator** - Dana Perfetto—info@biawe.com

**Young Adult Support Group Facilitator** - Rene Cantarutti—info@biawe.com

**Family and Friends Support Group Facilitator** - Danielle Bridges—goals@biawe.com

**Peer Support Program Coordinator** - Anna Jurak—info@biawe.com

**Social Coordinator** - Rebeca Robinet—social@biawe.com

**STAR Program Coordinator** - Anna Jurak - info@biawe.com

**Graphic Design** —Donna Ntumba—info@biawe.com

**Volunteer Coordinator (New)** - Carolyn Basily—volunteer@biawe.com

**Client Services Coordinator (New) - Kelly Stack**— client services @biawe.com, 226-759-3201

**Fundraising Consultant (New) - Tom Coke**—tcoke@biawe.com

## Covid Policy

As an agency providing in-person services to a vulnerable population, the Brain Injury Association of Windsor and Essex County (BIAWE) has the responsibility to protect all clients, workers, volunteers and the community.

Our association's management and its board fully support efforts to stop the spread of Covid -19 in our community. We will be monitoring evolving government and public health guidelines to ensure compliance with current protocols, and changes may be made to this policy.

As per the Ontario's Health and Safety Act we have a legal obligation to make the workplace safe for everyone. It is proven that two Covid-19 vaccinations are the most effective way to control the disease.

BIAWE respects the privacy and autonomy of our employees, volunteers and clients as it pertains to their personal health. However, at the direction of the Ontario Government we will require our staff, volunteers and clients who want to attend in-person events, to be vaccinated against Covid-19, and provide verification of their vaccination status.

## Jennifer Rennie – Helmet Saved Her Head – June 2021

My name is Jennifer Rennie and I am 43 years old. I was riding my bike in Rverside near Dieppe Street on a side street going from Ganatchio Trail - it ends for a few blocks then starts again. My left pedal came off my bike and suddenly I lost my balance and I was on the ground so fast. I hit the front and back of my head, hurt my right leg too and my upper back and neck are a bit sore but not bad. I really do believe that the helmet saved my life. My sister just gave me the bike a couple of weeks ago and it was my 4th time on it. I am 5 7 in height so I was standing up kind of to gain some speed but I was not riding fast so my head was a good six feet off the ground when I crashed down. I had no reflexes at all for some reason because I lost the pedal and lost my balance. Accidents sometimes happen to people when they least expect them and it's good to be prepared and wear your helmet. I am very lucky - my forehead is bruised to the touch, tight under my hairline but it would have been much worse if I was not wearing a helmet. I lost my Mother and my Sister 12 and 13 years ago and I have two children who I love and adore and family and friends who I love too, so I am very happy to be okay.

## Survivor Socials

Good News. The Survivor Socials will now be in-person at the Hospice, 6038 Empress St. Windsor—in the Education Room. It will be at the same time as the Family and Friends (Caregiver) Support Group—they'll be in the Dolphin Room, so that survivors and caregivers can come at the same time, just as they did before Covid.

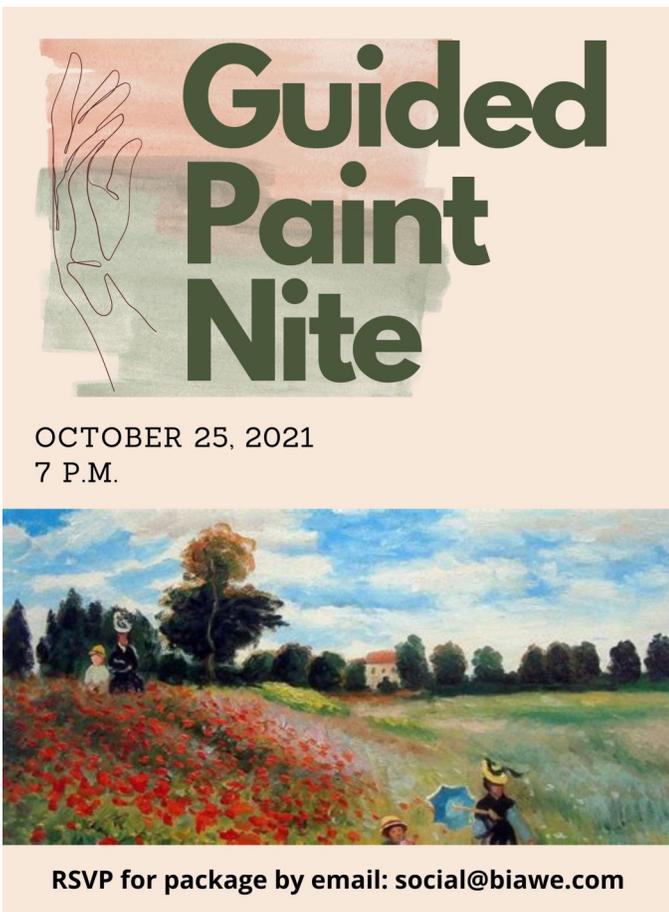
However, as per provincial guidelines, each participant must provide proof of a double Covid vaccination. If you can send your two copies to [info@biawe.com](mailto:info@biawe.com) that would make it easier to attend the meeting. Or, you can provide it at the meeting. Once you provide that information, it will be on your file and you don't have to show it anymore.

Hospice has their own Covid protocols that we must follow. This includes wearing your mask to enter the building and wearing it anywhere throughout the building.

Social distancing will be in effect during the social so you can take off the mask if you feel comfortable with that.

It is well known that spending time with others improves our health, emotionally and physically. The risk of depression and early mortality are reduced. We are biologically built to seek friends. This gives you an opportunity to make new friends.

Some of the events require preregistration to get supplies delivered. Email [social@biawe.com](mailto:social@biawe.com) to preregister and/or to get on the call list.



**Guided  
Paint  
Nite**

OCTOBER 25, 2021  
7 P.M.

RSVP for package by email: [social@biawe.com](mailto:social@biawe.com)

### Next Survivor Social Dates:

Monday, October 25, 2021 7:00 pm Hospice

November 22, 2021 7:00 pm Hospice

December—tba

Check out the sessions by going to our Facebook



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# WUNDER O'BRIEN

## Personal Injury Law



**Wunder O'Brien Personal Injury Law** is committed to the provision of excellent legal representation for those who have suffered injuries and losses due to a serious personal injury or the death of a loved one. Wunder O'Brien is known for professionalism, innovative strategies, and results.

**Jerry F. O'Brien** is an experienced and respected advocate for injured people. He is a member of the Law Society of Upper Canada, Canadian Bar Association, Kent County Law Association, Essex County Law Association, Court Liaison Committee, Ontario Trial Lawyers Association, Association of Trial Lawyers of America, and the Advocates' Society, where he served on the Board of Directors from 1996 to 1999, as well as a Director of the Brain Injury Association. He was also a member of the Southwestern Regional Committee of the Joint Committee on Court Reform.

**Martin Wunder** (1931-2015) was a pioneer in personal injury law, author, lecturer, and respected advocate. His achievements continue to be honoured by Ontario Trial Lawyers Association and the University of Windsor Law School through awards and bursaries to young lawyers and law students.

We look forward to the opportunity to assist you regarding personal injury matters.

### **Wunder O'Brien Personal Injury Law**

Phone: (519) 252-1121

Fax: (519) 256-1621

Jerry O'Brien: [jobrien@lawojs.com](mailto:jobrien@lawojs.com)

#### **Legal Assistants:**

[theresa@wunderobrienlaw.com](mailto:theresa@wunderobrienlaw.com)

[diane@wunderobrienlaw.com](mailto:diane@wunderobrienlaw.com)

[rachel@wunderobrienlaw.com](mailto:rachel@wunderobrienlaw.com)

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## **“You Are Not Alone” Peer Support Group**

This is a free monthly (currently on-line) support group for individuals with acquired brain injury aged 18+ years and their family and friends. Talk with others about things you care about and get information and support that can help you. First timers - please call to register.

If you are not currently on our call list, you must register to receive your invitation. 7:00 p.m. via Zoom.

Call 519-981-1329 or email to [info@biawe.com](mailto:info@biawe.com).

Tuesday, October 12, 2021 7:00 zoom

Tuesday, November 9, 2021 7:00 zoom

Tuesday, December 14, 2021 7:00 zoom



## **Family and Friends Support Group—Caregivers**

Feeling a bit overwhelmed? Feeling the need to talk to someone who understands what you're going through? Come to this monthly drop-in for caregivers of an individual with acquired brain injury. All meetings are facilitated by a social worker, are at 7:00 at the Hospice, 6038 Empress St. Free. You must be double vaccinated to attend and provide proof.

If you are not on the email list, send request to [info@biawe.com](mailto:info@biawe.com).



Next Sessions:

Monday, October 24, 2021 7:00 pm

Monday November 22, 2021 7:00 pm

## **Young Adult (18 to 30 years) Coffee Chat Support**

Young adults meet discuss their experiences, share ideas and provide emotional support for each other. It can help you develop new skills and learn to deal with problems and issues related to the brain injury.

Everything that takes place within the support group is confidential.

**Call for date and time of next session. 519-981-1329**



# BIawe T-Shirt Contest

**WE WANT YOU TO HELP DESIGN OUR NEXT T-SHIRT!**

**GET CREATIVE AND SUBMIT  
YOUR DESIGNS TO:**

**social@biawe.com**  
with the subject line:  
**"TSHIRT CONTEST"**



The winner will have their design featured on the shirts to be sold throughout the city. The winner will also receive a free shirt along with a sweet goodie bag!

Please submit designs before **November 30th**.  
Winner will be chosen and informed by **December 3rd!**



519-981-1329  
Email: [info@biawe.com](mailto:info@biawe.com)  
Web: [www.biawe.com](http://www.biawe.com)

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# Step Ahead Newsletter

## ADVERTISING ORDER FORM

**Step Ahead** is published four times each year and is circulated primarily in Windsor and Essex County. A copy of the current newsletter is posted on the website. Older newsletters are archived on the website.

**Advertising revenue helps cover the cost of this vital means of communication about brain injury with our members, professionals in the brain injury field and the general public.**

Company/Organization: \_\_\_\_\_

Contact Person: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email: \_\_\_\_\_

By choosing to be an advertiser your ad will appear in two newsletters per year. The ads print in colour.

	<u>SIZES</u>	<u>PRICE</u>	<u>TOTAL</u>
A)	Newsletter Sponsor (recognition on the cover)	Cost of printing	To be determined
B)	Full Page	\$150.00	\$ _____
C)	½ Page	\$75.00	\$ _____
D)	¼ Page	\$50.00	\$ _____
E)	Business Card	\$30.00	\$ _____
		TOTAL:	\$ _____

**DEADLINES: September 15 (for fall newsletter), December 15 (for winter newsletter) March 15 (for spring newsletter) and June 15 (for summer newsletter)**

The best format for ads is electronic (PDF, JPG, TIF), sent as an e-mail attachment. Camera ready black and white material is also acceptable. We do not accept faxed documents. If you choose business card size, please ensure your card with larger version of graphics can be scanned clearly into the computer. Do not staple your material.

Thank you for your order and for supporting the Brain Injury Association of Windsor & Essex County.

**Full payment is due with your order. Pay on-line at [www.biawe.com/newsletter](http://www.biawe.com/newsletter) and email ad.**

## Advertising Policy

BIAWE welcomes advertising in the "Step Ahead". Advertisers may not imply that their products/services or memberships is an endorsement by BIAWE or its directors or staff. No advertisement will be accepted for publication until a completed, signed Order Form is received. BIAWE reserves the right to refuse publication of any advertisement .

## Disclaimer

The opinions expressed herein are those of the respective authors and advertisers and not necessarily those of the Brain Injury Association of Windsor & Essex County. (BIAWE). BIAWE will not be liable for any damages or losses howsoever sustained, as a result of the reliance on or use by the reader or any other person of the information, opinion, or products expressed, advertised or otherwise contained herein. Where appropriate, professional advice should be sought.

To unsubscribe to the newsletter send to [unsubscribe@biawe.com](mailto:unsubscribe@biawe.com)



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## Membership Benefits

For one annual membership fee, individuals and families can become members of both the Brain Injury Association of Windsor and Essex County (BIAWE) and the Ontario Brain Injury Association (OBIA).

Application forms can be found online at: <http://obia.ca/dual-membership-application-form/> or you can call BIAWE at 519-981-1329 to get a form sent to you.

### Why should you become a member of BIAWE?

- You can vote at the annual meetings for BIAWE and OBIA.
- You will receive a one year subscription to the "OBIA Review" - the official publication of the Ontario Brain Injury Association. It's full of information about the latest in brain injury research, stories and supports.
- You may participate in the Peer Support Mentoring Program for People Living with ABI.
- You will have free access to OBIA's resource library.
- You will be eligible for a discount on most of OBIA's training programs.
- Your voice will be heard both locally and provincially.
- Discounts on some BIAWE sponsored events and socials where there is a cost.
- Link to your website for local services and programs for those with ABI in our directory.
- Invitations to special events

#### Annual Fees for Dual Membership

Individual	\$30
Family (2 or more at same address)	\$50
Subsidized (please enquire)	\$5

Survivors can participate in an on-line survey - **Membership free for one year** - go the OBIA home page to find the survey

## What You can offer BIAWE...

- Attend the programs that are offered
- Share with others the opportunities for learning, support and fellowship
- Support the work of BIAWE by attending fundraisers
- Volunteer for events or become a Board Member
- Sponsor programs and make donations

## What BIAWE can offer You....

- Provide you with information about local services and benefits in our community
- Discuss issues you should be raising with medical and legal professionals
- Explain the often confusing terminology associated with ABI
- Support Group sessions for both persons with acquired brain injury and caregivers
- Peer Mentoring Program for survivors and caregivers
- Socials for survivors
- Opportunities to be involved in committees and volunteering
- Introduce you to others who have experienced an ABI through our support groups and socials
- Invitations to fundraising events throughout the year
- Invitations to attend our conference and concussion workshops
- Opportunity to promote your brain injury-related business or service in our directory



# Brain Injury Association

of Windsor & Essex County

## OUR MISSION

To enhance the lives of residents of Windsor and Essex County affected by acquired brain injury through education, awareness and support.

Phone: 519-981-1329  
E-mail: [info@biawe.com](mailto:info@biawe.com)  
[www.biawe.com](http://www.biawe.com)



## Affiliated Partners....

